

KINDERGARTEN DIVISION RULES

1. **One coach** per team is allowed on the field of play, but they must stay out of the penalty areas.
2. **Six players** play at a time (**Five plus a goalie**)
3. **Substitutions** can only be made between quarters or at the half. An injured player may be replaced at any time.
4. There is no offside in Instructional Play. No offensive player shall be allowed in the goal box until the ball crosses the goal box line. If the infraction occurs, the defensive team will receive a goal kick. Coaches please do not take advantage of this rule. You are not teaching the players anything if you set up “Cherry Pickers” right outside the goals. Remember that the park district does not keep track of scores or standings in the instructional divisions.
5. All free kicks will be indirect.
6. Illegal or missed throw-ins will be retaken.