

# BIG NEWS! 50+

active adult  
activities center

Please consider cutting out, printing and posting on your fridge our new locations below as the 50+ Active Adults Activities Center and the north side of the Triphahn Center (TC) undergo a long-anticipated facelift!

Click here for  
downloadable  
pdf!

**Ageless Grace**

**Chair Yoga**

**Gentle Yoga Classes**

**Line Dance**

**Self-Hypnosis**

**Speak Spanish Today**

**Write It Now!**

**Tai Chi**

Th, 1/5-2/9, 2p-2:45p, TC Board Room

M, 1/9-2/13, 6:15p-7:15p, TC Board Room

(All) Board Room

M, 12/12, 12/19, 1/9-2/13, 7p-8p, Willow Recreation Center, 3600 Lexington Dr, Hoffman Estates

F, 1/13-2/10, 1:15p-2:15p, TC Board Room

T, 12/20, 12/27, 1/3-2/7, 5p-6:45p, Willow Recreation Center, 3600 Lexington Dr, Hoffman Estates

1/9-2/13, 5:30p-7p, TC Board Room

T, 12/13, 12/20, 12/27, 1/3-2/7, 5:30p-6:30p, Willow Recreation Center, 3600 Lexington Dr, Hoffman Estates

Recreation Center, 3600 Lexington Dr, Hoffman Estates

ALL trips will check in at TC in the Board Room at their designated times.

## Regularly Scheduled Activities

(starting Thursday, December 8th):

**Brown Bag Lunch Social** F, 11:30a, Garibaldi's  
(20% order discount on this day only)-check schedule for dates

**Book Club**

**Bridge (both groups)**

**Handicraft Circle**

**Mah Jongg**

**Ping Pong**

**Pool**

**Wii Bowl/Pinochle**

**Cards & Games**

TC Dance

TC Board Room

TC Board Room

TC Board Room

North Gym (Table located in athletic closet)

Poplar Creek Bowl

TC Board Room



The north side doors will be closed starting Wednesday, December 7th, until the renovation is complete, scheduled for spring 2017.

All entry will be made via the southeast side doors, the Main Entrance to Triphahn Center.

If you don't see your activity or class on the above schedule, it remains in its regular location.